

Meeting Minutes

Board of Health Meeting –May 18, 2020

In attendance: Katie Goldrick, David Reilly, Abbey Myers

Absent: Kat Tribulski

Open Meeting: 6:30pm

Katie Goldrick: On the agenda is the continuance of the COVID-19 discussions, and the Phase 1 opening. Phase 1 requirements:

- People over the age of 65 and people who have underlying health conditions who are at high risk of COVID-19 should continue to stay home except for essential errands
- All residents are advised to leave home only for healthcare, worship, permitted work, shopping and other activities
- When going to the pharmacy ask if it is possible fill prescriptions for 90 day
- Don't participate in close contact activities such as pick up sport games
- All residents are required to cover their face when they cannot maintain 6 feet of social distance in public
- Limit play dates for children
- Refrain from visiting nursing homes, skilled nursing facilities and other residential care centers
- All residents are advised to wash hands frequently for at least 20 seconds with soapy water
- All residents are asked to be diligent and to stay home if you're feeling sick

Abbey Myers: To add to the information above, each phase will last a minimum of three weeks, and that is dependent on positive test rate, deaths, number of patients in the hospital, healthcare system readiness test and capacity and contact tracing capabilities. Under phase 1:

- Manufacturing and construction sites will be open today with guidelines
- Places of worship will be open with a 40% of the capacity
- Lab spaces, office space with 25% capacity
- Personal services such as hair salons, pet grooming, car washes, retail which is remote
- Beaches, parks, drive-in movie theaters, athletic field sports and some outdoor activities: fishing, hunting, boating and outdoor gardens or reserves or other public installations will be able to open with some restrictions.
- Car washes – exterior, self-serve only
- Still need to maintain six feet distance
- Keep up with hand hygiene
- Maximum of 10 people per space

Katie Goldrick: Daycares are still closed through June 29, and will get updates soon regarding camp grounds, camps and sports activities for kids.

Abbey Myers: Reminding people that because restrictions are being lifted does not mean the virus has gone away. Everyone still needs to be vigilant with hand washing, social distancing, etc.

Katie Goldrick: 119 for our town as of today, which is a significant for a small town.

Abbey Myers: Discussion about isolation guidelines. If COVID positive they are in complete isolation. Any other family in the household is in quarantine. Isolate means: sleep in a different room, have people bring food to you, don't use the same things and clean after every use if this is not possible. This is for 10 days. Call the Board if any resources are needed.

Katie Goldrick: Discussion about resources for residents if having trouble with anxiety or coping. The contact info is on the website and Facebook page.

Katie Goldrick: Next couple of weeks will be focused on education on how to contain the virus.


Abbey Myers: Discussion about rat complaints, which isn't uncommon. Will be working on this over the next few weeks. Just reminders to cover trash bins, don't leave food out, bird feeders, clean up pet waste, remove old furniture to deter them.

Abbey Myers: Discussion about hazardous waste day on June 13, 2020. This will be done mobile, and the company will come to your house. More information to come on how to register and what is included.

Katie Goldrick: Discussion about considerable problem providing test kits to small towns. We have been advocating to get them. Dr. Tremblay does have some kits and he is doing tests by appointment. We are scheduling a one-day test site on June 8th for the towns of Holbrook and Avon. We are waiting to confirm the location. Testing will be done at this site regardless of insurance status.

Katie Goldrick: Motion to close the meeting.

David Reilly: Second


Kathryn Tribulski, A-10
5/6/21