

HOLBROOK BOARD OF HEALTH

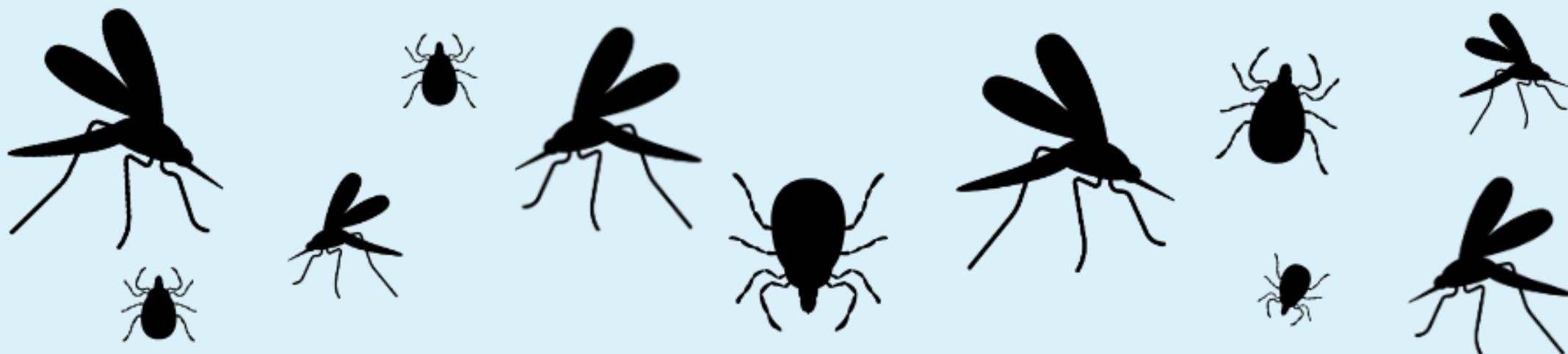


Public Health
Prevent. Promote. Protect.



July Topic: Insect-borne Illnesses

READ MORE



QUICK FACTS

Mosquitoes and ticks in our area can carry viruses and bacteria that make humans and pets sick when bitten.

Ticks are present year round, but most active April through September.



Mosquitoes are most active in the summer months from dusk until dawn.



PREVENT BITES



Use an EPA registered insect repellent!
Not sure which is right for you? Try the
Search Tool by scanning the QR code.

Check for ticks after being in grassy or
wooded areas. Be sure to also check any
outdoor gear and pets!

Learn more at:

<https://www.cdc.gov/ticks/prevention> and
<https://www.cdc.gov/mosquitoes/prevention>

INSECT-BORNE DISEASES 101

Ticks

Lyme Disease

Babesiosis

Anaplasmosis

Tularemia

Mosquitoes

Eastern Equine Encephalitis (EEE)

West Nile Virus (WNV)

No human cases of EEE or WNV have been found during 2025



Scan here for up-to-date EEE and WNV risk levels in MA

More common in Massachusetts

Rarer in Massachusetts

COMMUNITY PREVENTION



Remove old tires that collect water



Empty standing water



DID YOU KNOW?

Norfolk County Mosquito Control District will collect up to 10 used tires for free!?

Read more about NCMCD's community prevention work on their website:

<https://norfolkcountymosquito.org/>

*temporarily on hold until Fall 2025

QUESTIONS?

Give the Board of Health a shout!



Submit online (preferred): www.holbrookma.gov
Click the “Send Us Comments” page
and send to “Health Department”

Email: health_board@holbrookmassachusetts.us

Phone: 781-767-3030